Orbit

Count: 48 **Wall:** 2 **Level:** Intermediate Phrased
Choreographer: Daniel Trepat (NL) & Mike Liadouze (FR) - February 2026
Music: Orbit - Christopher

Intro: 32 counts from first beat in music (app. 15 seconds into track)
Sequence: A – A – B – B – A – A – A* (16 counts) – B – B – A – A – A – A – A

Part A
[1 – 8] Chassé R, ¼ Turn L, Chassé L, Cross Rock Step, Slide R

1 & 2	Step R to R side (1), Step L next to R (&), Step R to R side (2) 12:00
3 & 4	Turn ¼ L stepping L to L side (3), Step R next to L (&), Step L to L side (4) 9:00
5 – 6	Cross rock R over L (5), Recover on L (6) 9:00
7 – 8	Slide R to R side (7), Collect L towards R (8) 9:00

[9 – 16] Cross Behind, Step R, Cross Rock Step, ¼ Turn L, Step Fwd, ½ Pencil Turn L, Cross, Step L

1 – 4	Cross L behind R (1), Step R to R side (2), Cross rock L over R (3), Recover on R (4) 9:00
5 – 8	Turn ¼ L stepping L forward (5), Sweep R ½ turn L (6), Cross R over L (7), Step L to L side (8) 12:00

Restart Here on A* - Replace the last count 8 by recovering on L and then start part B

[17 – 24] Sailor Step, Sailor ¼ Turn L, Step ½ Turn L, Step Fwd, Flick

1 & 2	Cross R behind L (1), Step L to L side (&), Step R to R side (2) 12:00
3 & 4	Cross L behind R (3), Turn ¼ L stepping R to R side (&), Step L forward (4) 9:00
5 – 6	Step R forward (5), Turn ½ L stepping on L (6) 3:00
7 – 8	Step R forward (7), Flick L behind R (8) 3:00

[25 – 32] Step Back, ½ Turn R, Step Fwd, Step ½ Turn R, ¼ Turn R, Slide, Back Rock Step

1 – 2	Step L back (1), Turn ½ R stepping R forward (2) 9:00
3 – 4	Step L forward (3), Turn ½ R stepping on R (4) 3:00
5 – 6	Turn ¼ R stepping L to L side (Arm option on the chorus on the word Orbit: swing L hand from down to L and then up to point to the Orbit in space) (5), Collect R towards L (6) 6:00
7 – 8	Rock R back (7), Recover on L (8) 3:00

Choreographers musicality tip: We have 2 times where the music feels like it slows down. There you can change the 2 chassé from the beginning of Part A into slides. That will fit perfectly with the musicality of the music. It's only an option.

Part B
[1 – 8] Step R, Hold, Touch Behind, Hold, Step L, Touch, ¼ Turn L, Step R, Touch
(Arm Movements 1 – 4)

1 – 2	Step R to R side & swing R hand from down to R and then up (1), Hold (2) 12:00
3 – 4	Touch L behind R & bring R hand down and snap fingers (3), Hold (4) 12:00
5 – 6	Step L to L side (5), Touch R next to L (6) 12:00
7 – 8	Turn ¼ L stepping R to R side (7), Touch L next to R (8) 9:00

[9 – 16] Step L, Hold, Touch Behind, Hold, Step R, Touch, ¼ Turn L, Step L, Touch
(Arm Movements 1 – 4)

1 – 2	Step L to L side & swing L hand from down to L and then up (1), Hold (2) 9:00
3 – 4	Touch R behind L & bring L hand down and snap fingers (3), Hold (4) 9:00
5 – 6	Step R to R side (5), Touch L next to R (6) 9:00
7 – 8	Turn ¼ L stepping L to L side (7), Touch R next to L (8) 6:00

HAPPY DANCING!