One More For The Road

Count: 64 **Wall:** 2 **Level:** Improver
Choreographer: Shane McKeever (IRE) & Fred Whitehouse (IRE) - December 2025
Music: One More for the Road - Ceol

Intro: 16 Counts, 9 secs approx..
Notes: Restarts on walls 3 & 5, Tag 1 after wall 6, Tag 2 after wall 7

[1 – 8] Point Forward, Point Side, Coaster Step R, Point Forward, Point Side, Coaster Step L

1-2	Point R fwd (1), Point R side (2) 12:00
3&4	Step R back (3), Close L next to R (&), Step R fwd (4) 12:00
5-6	Point L fwd (5), Point L side (6) 12:00
7&8	Step L back (7), Close R next to L (&), Step L fwd (8) 12:00

[9 – 16] Rock Forward, Recover, Shuffle ½ Turn R, Rock Forward, Recover, Shuffle ½ Turn L

1-2	Rock R fwd (1), Recover on to L (2) 12:00
3&4	¼ turn R stepping R to R side (3), Close L next to R (&), ¼ turn R stepping R fwd (4) 6:00
5-6	Rock L fwd (5), Recover on to R (6) 6:00
7&8	¼ turn L stepping L to L side (7), Close R next to L (&), ¼ turn L stepping L fwd (8) 12:00

[17 – 24] Charlston Step with a Kick x2

1-2	Step R fwd (1), Kick L fwd (2) 12:00
3-4	Step L back (3), Point R Back (4) 12:00
5-6	Step R fwd (5), Kick L fwd (6) 12:00
7-8	Step L back (7), Point R Back (8) 12:00

[25 – 32] Rumba Box

1-2	Step R to R side (1), Close L next to R (2) 12:00
3&4	Step R fwd (3), Close L behind R (&), Step R fwd (4) 12:00
5-6	Step L to L side (5), Close R next L (6) 12:00
7&8	Step L back (7), Close R in front of L (&), Step L back (8) 12:00

[33 – 40] Rock Back R, Recover, Full Turning Shuffle, Stomp Together x2

1-2	Rock R back (1), Recover on to L (2) 12:00
3&4	¼ turn L Stepping R to R side (3), Close L next to R (&), ¼ turn L Stepping R back (4) 6:00
5&6	¼ turn L Stepping L to L side (5), Close R next to L (&), ¼ turn L Stepping L fwd (4) 12:00
7-8	Stomp R next to L (7), Stomp L next to R (8) 12:00

[41 – 48] Jazz Box ¼ Turn, Monterrey ¼ Turn

1-2	Cross R over L (1), Step L back (2) 12:00
3-4	¼ turn R stepping R to R side (3), Step L fwd (4) 3:00
5-6	Point R to R side (5), ¼ turn R closing R next to L (6) 6:00
7-8	Point L to L side (7), Close L next to R (8) 12:00

Note: Restart here on wall 3 & 5

[49 – 56] V-Step, Syncopated V-Step

1-2	Step R to R diagonal (1), Step L to L diagonal (2) 12:00
3-4	Return R back to Centre (3), Close L next to R (4) 12:00
&5-6	Step R to R diagonal (&), Step L to L diagonal (5), Clap (6) 12:00
&7-8	Return R back to Centre (&), Close L next to R (7), Clap (8) 12:00

[57 – 64] In a Circle, Shuffle x2, Walk x2

1&2	Curving Shuffle making ¼ turn R, Step R fwd (1), Close L next to R (&), Step R fwd (2) 9:00
3&4	Curving Shuffle making ¼ turn R, Step L fwd (3), Close R next to L (&), Step L fwd (4) 12:00
5-6	Continue the curve making a ¼ turn R, Step R fwd (5), Step L fwd (6) 3:00
7-8	Continue the curve making a ¼ turn R, Step R fwd (7), Step L fwd (8) 6:00

Tag 1 After wall 6
[1-4] Walk x4 in a Semi-Circle

1-4	Continue the curve from the end of the dance to make another ½ turn, Step R L R L 6:00

Tag 2 After wall 7
[1 – 8] In a Circle, Shuffle x2, Walk x2

1&2	Curving Shuffle making ¼ turn R, Step R fwd (1), Close L next to R (&), Step R fwd (2) 3:00
3&4	Curving Shuffle making ¼ turn R, Step L fwd (3), Close R next to L (&), Step L fwd (4) 6:00
5-6	Continue the curve making a ¼ turn R, Step R fwd (5), Step L fwd (6) 9:00
7-8	Continue the curve making a ¼ turn R, Step R fwd (7), Step L fwd (8) 12:00

[9 – 16] In a Circle, Shuffle x2, Walk x2

1&2	Curving Shuffle making ¼ turn R, Step R fwd (1), Close L next to R (&), Step R fwd (2) 3:00
3&4	Curving Shuffle making ¼ turn R, Step L fwd (3), Close R next to L (&), Step L fwd (4) 6:00
5-6	Continue the curve making a ¼ turn R, Step R fwd (5), Step L fwd (6) 9:00
7-8	Continue the curve making a ¼ turn R, Step R fwd (7), Step L fwd (8) 12:00

Last Update: 21 Dec 2025
